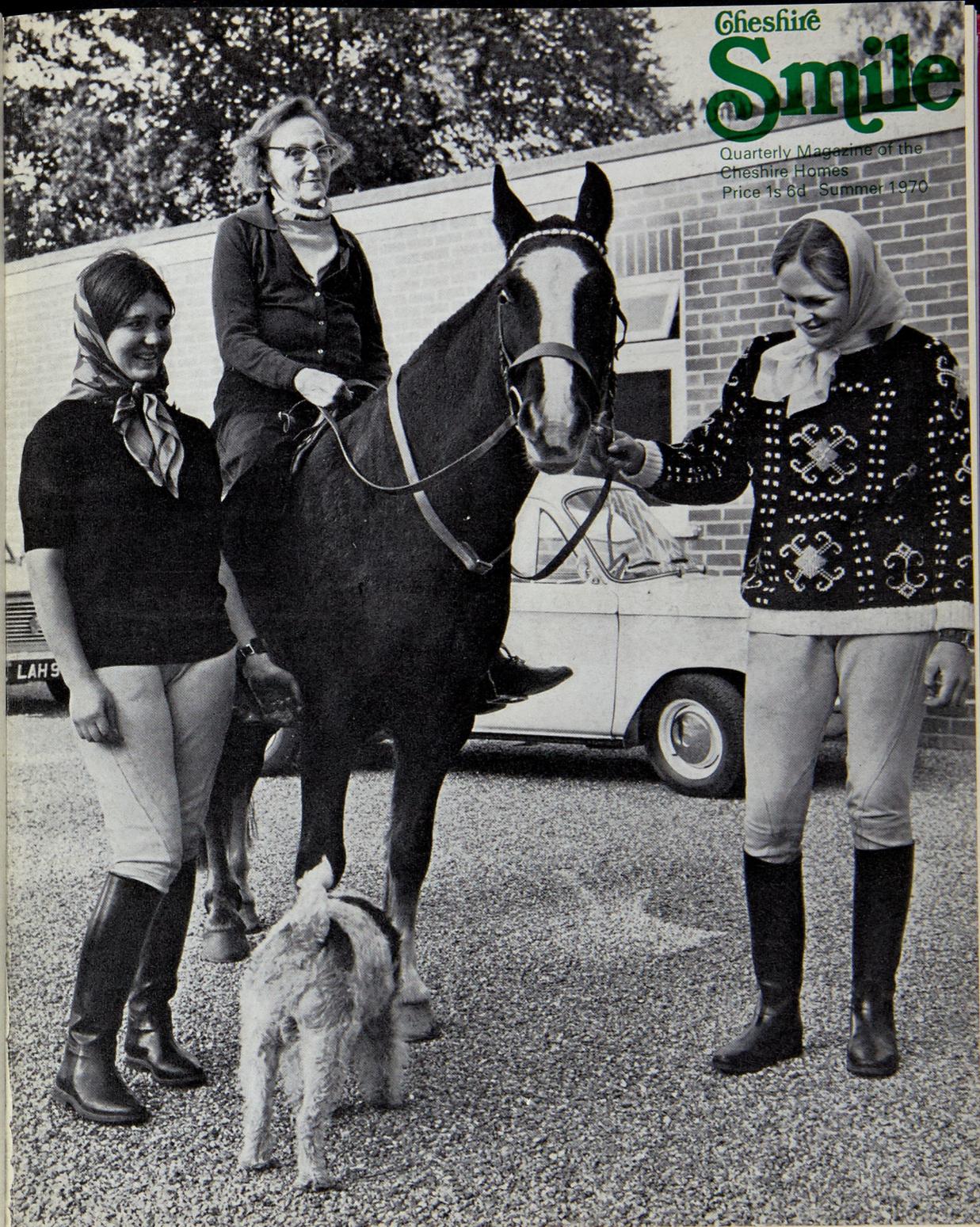


# Cheshire Smile

Quarterly Magazine of the  
Cheshire Homes  
Price 1s 6d - Summer 1970



## Nicholas House

This hostel in East London is run in close co-operation with the Psychiatric Rehabilitation Association, and has progressed along with their other projects, such as the Industrial Education Unit, the Day and Evening Centres, etc.

The latest development is the Community Housing Association, which will provide permanent accommodation for residents of Nicholas House as they progress towards complete rehabilitation. With this in operation, we shall be able to function purely as a rehabilitation centre for a larger number of patients who are fit to leave the protection of mental homes, but need that extra care and help which we provide before they face the outside world, endeavour to obtain employment, and begin to lead a normal life once again.

A *Mr. W. Hinson, the Warden, seen in the dining room.*

B *Nicholas House by night.*

A



B



# Cheshire Smile

The Cheshire Homes care for the incurably sick or permanently disabled—those for whom hospitals can do nothing further. They are run as homes, and offer the affection and freedom of ordinary family life, the residents being encouraged to take whatever part they can in the day-to-day running of the house. Disabled people are admitted according to need, irrespective of race, creed or social status. The average number of residents when the Homes are completely established is 30.

The Management of each Home is vested in a Committee chosen to be as representative as possible of the local community. The Cheshire Foundation Homes for the Sick (a registered charity) is the Central Trust, and has ultimate responsibility for all the Homes. It owns all the property, and acts as guarantor to the public that the individual Homes are properly managed in conformity with the general aims of the Foundation. Similar charitable Trusts have been established to control the Homes overseas. *Cheshire Smile* will be edited and managed by disabled residents at Le Court, Liss, Hampshire. Contributions to the magazine are invited from all readers. Opinions put forward in individual articles do not necessarily represent the official view of the Cheshire Foundation. It is our aim, however, to encourage free expression of ideas. Publication dates fall roughly in the middle of March, June and September, but in early December.

## Deadline for Next Issue

Contributions for the September 1970 issue to be sent to:

Frank Spath,  
Le Court,

Liss, Hampshire

and be received by 21st July at the latest.

The Quarterly Magazine of the Cheshire Homes

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Cover Picture Miss Nora Mathieson (mounted) of The Grove, Norwich with two girls from a local riding school. See 'There was an old lady who rode on a horse' on page 17. Photo: Eastern Daily Press.

# The Chairman's Page

A Foundation Feature  
by our Chairman,  
Lord Justice Edmund Davies

As I write these words, the Trustees are looking forward to the Annual Conference to be held in London on May 30th, when the representatives from the Homes will discuss the best way to put into practice those general aims and principles which were agreed at the 1969 International Conference. The topics suggested for discussion cover how residents could contribute to the functioning and development of the Home; minimum standards of accommodation; mechanical aids for the disabled; standards of individual freedom—such as times for getting up and going to bed, freedom to work at chosen occupations; and, lastly, the staff required to put these standards into practice.

The Trustees might, of course, embark on drawing up their own standards for the Homes but they feel this would detract from the autonomous nature of Cheshire Homes. So we look to the Homes to set their own sights in line with our agreed aims and principles.

With residents attending for the first time, we look forward to a lively Annual Conference. It will not be possible to get out a full report in time for the September 'Smile', but it will appear in the December issue.

For the disabled of this country it has been a most important winter with the Chronically Sick and Disabled Persons Bill introduced in Parliament by Mr. Alfred Morris, M.P. This Bill ranges from housing needs to travel concessions on the local authority side, to the provision of suitable access to public building for the disabled and convenient toilet facilities.

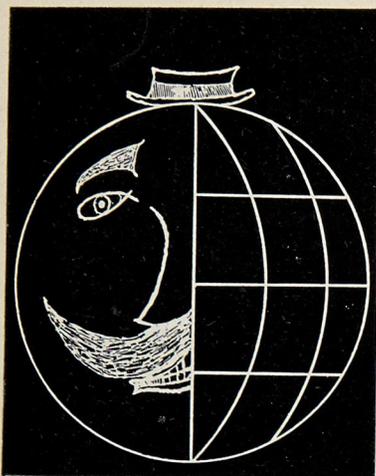
One could have wished for much wider provisions, especially on the financial and on the rehabilitation side. But the Department of Health and Social Security have an Advisory Committee studying the National Health Service provisions. Our Foundation were asked by this Committee to answer a number of questions concerning existing provisions for rehabilitation, and our paper was submitted to them in January.

It was with anxiety that we received the news that Frank Spath has had a new assignment and would in consequence have to give up the editorship of the 'Smile', which he and his team at Le Court have built up from a duplicated news sheet in 1956 to the attractive journal of the Cheshire Foundation that it has become. But, true to his natural efficiency, Frank has made all the necessary arrangements for a smooth handover to his successor. We assure Mrs. Rosalind Chalmers and all those who will help her at the Warwickshire Cheshire Home, Greenacres, of our best wishes for the most important job they are undertaking, and extend our warmest thanks to Frank Spath for producing so many, many interesting issues of 'Cheshire Smile'.

A special note, if I may, to Friends and Support Groups of the Homes. This is your especially busy time for raising the funds that are so greatly needed by each Home to meet the deficit on running costs. It is only by your continued efforts on behalf of our disabled residents that we are able to avoid spending money on paid organisers and on expensive advertisements, despite constant approaches to do so. May you have golden weather for your summer events. May the financial results be such as to gladden your Hon. Treasurers. And believe me when I say that your splendid efforts are warmly appreciated.



*Edmund Davies*



# People & Places

A round-up of topical items about interesting people, and places of note, by the Roving Reporter.

**Mrs. Bent** of the Torbay & East Devon Steering Committee was in London in early March and told us of their hopes to provide holidays for disabled people when Douglas House at Brixham opens. They will do this before building their extension, if they can get the necessary approval. As well as her secretarial work for the Committee, she has provided hospitality to the Group Captain and others when they have visited Homes in the area.

**Jill White** and **Yvonne Whitehead** from the London Cheshire Home went to a demonstration of Clothing for the Physically Handicapped arranged by the Disabled Living Foundation. The demonstration, at the Hospital Centre, London, was introduced by Lady Hamilton. A wide variety of clothing was in the collection modelled, including some for the mentally disordered and some for the incontinent. Jill and Yvonne agreed that the specially made clothes were unbecoming, and probably more expensive than the garments with adapted openings from Marks & Spencer. The adapted garments collection will be on show at our Annual Conference on 30th May, and they can be hired by any organisation for a small charge.

**Mia French-Mullen**, Hon. Secretary of the Irish Trust, was in London on business—choosing legs for a hosiery advertisement. It was a tiring task, so she popped into Market Mews for light relief. She brought us one of the excellent leaflets the Irish Trust has produced. It has the Group Captain's smiling face on the front, and the eight pages include pictures of the four Homes with a little piece about each, and the house in Newcastle West, Co. Limerick, which it is hoped will be opening as a Cheshire Home in the near future.

**Godfrey Winn** included Cheshire Homes as one of his Charities to benefit from his Christmas Appeal in the magazine *Woman*. He had a splendid response, and we received £83 1s. 8d.

**May Cutler** who did a lot of pioneer work in Nigeria when the Homes there were starting was very anxious to rush off to help when the war in Nigeria ended. Instead, she was sent to Bethlehem. While in London for two weeks she did great work at Market Mews,

and the girls were sure she would have the place ready to take in residents any day!

**Major Dennis Parker** was also associated with the Homes in Nigeria. He now lives outside London but still gives talks to Clubs and Organisations about the Homes. When the Rev. Ogundipe, brother of the High Commissioner for Nigeria, was in England in February, Dennis Parker took him to the London Cheshire Home to meet the residents. Both visitors were impressed with the happy industrious atmosphere of the home.

**Miss K. Evans** of the Disabled Living Foundation spoke to me about the work she is doing on sports and physical recreation for the disabled. She is hoping to pen up a new idea for many handicapped people, and for the able-bodied who will give their time to it. The results of her study will be published by the D.L.F.

# New Price for Cheshire Smile

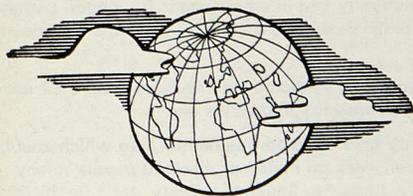
Price per copy	10p or 2/-
Annual subscription, post free	50p or 10/-
Three year subscription	£1.40 or £1 8s. 0d.
Five year subscription	£2.30 or £2 6s. 0d.

It has been realised for some time that we should have to increase the price of the magazine in order to cover some of the rising costs of production. An opportunity to do so comes with the introduction of decimal currency in February 1971.

The prices shown above will therefore come into force as from the December 1970 issue of Cheshire Smile. But naturally, all subscriptions to the magazine taken out before December will be honoured at the old rates.

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# Co-ordinated Rehabilitation

The Standing Medical Advisory Committee of the Department of Health and Social Security has a Sub-Committee on Rehabilitation. Last year, this Sub-Committee sent out a questionnaire on rehabilitation services to various authorities and organisations. The Cheshire Foundation received one, and Dr. Margaret Agerholm (Trustee) was asked to answer the questions on behalf of the Foundation. She wrote a preamble to her answers, and because we think this so important we are publishing it. In this preamble, Dr. Agerholm stresses the urgent need for a co-ordinated rehabilitation service spanning the services provided by all the various Ministries, local authorities, voluntary societies, etc.

The 52 Cheshire Homes in Great Britain provide (with 3 exceptions) residential accommodation for persons over 16 whose physical disability is severe enough to prevent them from living, either independently or with their own families, in the community, and from earning their living.

The majority of residents in the Homes are chairbound, a few are bedbound: they need regular personal help (dressing, toilet, feeding, bathing, etc.) through the day; a few also need help at night. Some have specialised devices (urinary catheters, colostomies, ileal bladders, respirators, etc.). Some need special care for the prevention of pressure sores. Few, however, require care beyond that which a family supported by a district nurse are known to be able to provide in the home, where the health and income of supporting members of the family is adequate to their special needs.

The commonest diagnoses are: multiple sclerosis, the rheumatoid disorders, poliomyelitis, quadriplegia from cervical cord damage and a wide range of congenital and hereditary disorders (e.g. spinal bifida, cerebral palsy, muscular dystrophy, haemophilia, arthrogryphosis, fragilitas ossium, Friedrich's ataxia). A few only of these conditions are progressive: still fewer involve mental as opposed to physical deterioration. The majority of residents of a Cheshire Home remain mentally undamaged and without deterioration over many years, imprisoned only by their physical defect.

Some residents have come from home, some from physically handicapped schools and children's Homes, and some from hospital wards. Virtually to a man, they reject and dread the (to them) even worse prospect of permanent life in a hospital where they fear the tyranny of ward routine irrelevant to their needs, the impersonality of changing staff, the complete lack of control over their own fate (transfer from one ward to another or even from one hospital to another) and the resulting insecurity and destruction of their self-respect.

What is Wrong with the Rehabilitation Services in their relation to the residents of Cheshire Homes?

Many residents in the Homes feel that the rehabilitation services have failed or are failing them in their attempts to maintain themselves in or to return to the community. They blame:

a. **the lack of one co-ordinated rehabilitation service to train, guide and support them through the various stages of rehabilitation.** A severely handicapped person cannot visit here and there, again and again, to seek out and insist on practical solutions to his problems. Too often he is referred for time-consuming treatment or a course of "rehabilitation", when instead he needs equipment, a vehicle having modifications, or financial aid, to maintain him in employment or his home. He needs the all-embracing "rehabilitation counselling team" now emerging in the U.S.A. to co-ordinate all the separate services (the Ministries of Health, Welfare, Housing, Education, Employment & Productivity, Local Authorities and Voluntary Societies to name some!) on his behalf and wherever he happens temporarily to be, in hospital, at home, in hostel or rehabilitation centre.

A number of residents in the Homes (and in hospitals) know that they could have maintained themselves in the community and in employment for longer, perhaps indefinitely, had they been comprehensively informed of all available facilities at the right time.

b. **the design of facilities and regulations** in such a way as to exclude their use by the most severely disabled in the community. Examples are:

(i) **the 'all or none' Local Authority provisions for residential care** which enable a Local Authority to pay £15-£16 per week on behalf of disabled people to any residential Home (Local Authority, Cheshire, Spastics Society, etc.) for 10, 20 or 30 years, although as little as £2, £3 or £4 per week, or a lump sum for equipment or architectural modifications, *paid direct*, would have maintained them in infinitely greater happiness and at greatly reduced expense to the community, in their own home.

(ii) the anachronism of the 'free' hospital bed, in which a disabled person may (however unsuitable it is to his need, and wasteful of hospital resources) remain for years on end, because of refusal (*sic*) of a Local Authority to use its permissive powers to install him in the community or to support him in the more suitable Part III accommodation. He thus becomes a prisoner of the Hospital Service by virtue of his locomotor disability.

(iii) the geographical restrictions on Local Authority and Regional Board facilities which deny rehabilitation services in one area to a disabled person living in another. Whole families have in fact moved (with all the associated unnecessary worry and expense) from one area to another to make their disabled eligible for facilities otherwise denied to them (sometimes they need to move only a mile or two!)

The corollary of this geographical restriction is that suitable facilities for particular disabled groups are either not established or, if established, are under-used because the administrative area is too small to provide sufficient clients, though the need in a larger area may be pressing.

c. the 'earnings limit' which hits hardest the most resourceful of the severely handicapped and their families, and effectively prevents the family with a physically handicapped member from achieving or maintaining an acceptable standard of living, which would otherwise be within its grasp.

d. the failure of the Ministry of Health Appliance Service to provide one of its vehicles to a wage-earner too disabled to drive himself, but able to provide a driving relative. This is another regulation aimed specifically at the most handicapped, and prevents them from obtaining or retaining employment and so maintaining an acceptable standard of living for their families. It is difficult to imagine a more ingenious destroyer of self-help by the disabled!

e. the arrangements for supply of equipment (ranging from special beds, chairs, cushions and incontinence aids to calipers and special shoes). These are diverse and complicated, and the resulting delays often absurd in relation to the urgency of the need. The responsibility for payment is argued over by various authorities as if a game rather than real life problems were in action. One co-ordinating Rehabilitation Service could help here, and ensure that the customer (the disabled) gets good value and prompt service.

These and other largely unintentional anomalies and anachronisms pervade the present system. They could and should be constantly reviewed and corrected by a co-ordinated Rehabilitation Service with not only a great saving of the money and professional skills which their existence wastes with great profligacy, but also a great increase in human happiness.

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## Introduction to Le Court

A revised edition of this leaflet has recently appeared. At Le Court, runs the first paragraph, 'we are attempting to maintain a community of staff and disabled residents, living and working in harmony, with the main object of providing an environment which fosters independence and a proper sense of responsibility, the desire to work for the community as well as for personal gain, and also supplies means for enjoying leisure. These are high ideals, never likely to be completely realised, but well worth aiming for. Newcomers may find it a difficult community to adjust to at first, because its smooth running depends on many unwritten traditions and understandings. This Introduction is designed to lessen the difficulties'.

Copies of the leaflet may be obtained from: The Secretary, Le Court, Liss, Hants.



# Comment- Paul Driver

## Employment for the Severely Disabled

How many residents in Cheshire Homes work? How many could? By 'work' I don't mean occupational therapy, nor hobbies, nor even helping with the washing up, excellent though these employments are. I mean the ordinary boring nine-to-five job with usefulness guaranteed by the wage packet attached, which does so much for the spiritual health of the ordinary man.

Before saying that any person capable of full-time paid employment doesn't *need* to be in a Cheshire home, remember that one enters a Home because of one's disabilities; whereas doing a job depends on one's abilities, and these include aptitude, knowledge, training. In England today, one can instance a schoolmaster, a successful TV scriptwriter, and a practising solicitor—all of them completely paralysed. Other jobs may be possible: computer programming, for example, and certain kinds of assembly work in electronics.

A severely disabled person who is going to work must first find not only a suitable job but somewhere suitable to live, someone to help him with washing, dressing and toilet, and transport.

A suitable environment is essential. Take a paraplegic—that is, a person paralysed from the waist down—and place him in an upstairs flat: he is housebound. Without a wheelchair he is virtually bedridden. Give him ground floor accommodation with no steps, a wheelchair and a motor tricycle and he becomes physically independent. At Isleworth, west of London is the Duchess of Gloucester House, a hostel run by the Department of Employment and Productivity (ghastly title!) for 'paraplegics with full use of both arms'. The hostel provides a suitable environment for independent wheelchair living, and its residents go out to work and pay income tax like everyone else. This is one reason why you won't find many young paraplegics in the Cheshire Homes.

At the Duchess of Gloucester House the resident pays a modest charge for his board, and the hostel's running costs are made up by the Government Department. In Cheshire Homes the individual resident is, in most cases, subsidised directly by his County Council. The charge will be considerably below the Home's actual 'bed-cost' (for in dealing with severely disabled persons it is necessary to have a high staff ratio), but it is higher than the charge at the D.O.G. House, and higher than a working resident may be able to meet. For the County Council cannot assist a resident in 'full-time employment' nor can a Cheshire Home, already faced with a deficit on its running costs, be expected to subsidise a working resident.

In one Cheshire Home a young man, paralysed in both arms and legs obtained a job with a firm of wholesalers at quite a good wage: even so, after paying national insurance and income tax (no special allowances) he had insufficient money left to meet the Home's charge. If he had not married and left the Home he would have had to give up work. Another young man who applied to a Home was a bank clerk: polio had left him paralysed except for limited use in one arm. He couldn't wash or dress himself, but his job was still open. Here again, his salary was insufficient to pay for transport and the Home's charges. He went to live with his parents in a district where there was no work for him.

Successful solicitors and TV scriptwriters may be able to pay for suitable housing and nursing help, though this may be a struggle: most severely disabled people who work full time are able to do so only because a wife or parent acts as unpaid nurse and chauffeur. The severely disabled worker gets no help from the Welfare State; less in fact than the slightly-less-disabled who at least receive invalid tricycles.

How many residents in the Homes could work? Only a minority, but probably a larger minority than most people realise. The difficulties are financial, the fact that many Homes are in remote areas where suitable employment would be difficult to find, and the fact that Homes are not geared to the particular needs of a working resident.

The Cheshire movement can and should support moves to have the law changed so that a severely disabled person who tries to help himself is not immediately deprived of all aid. In their own field, I should like to see the Foundation

collaborate with the Department of Employment and Productivity in setting up one or two experimental Homes in areas of high employment specifically for severely disabled persons with job prospects. These Homes would be geared to the routine of working residents. They would provide the necessary help with washing, dressing, etc. Joint transport arrangements might be made. The charge to the individual resident would be kept low (one might hazard a suggestion of £6-£7 per week for board, lodging and attendance) and the Home's deficit met by the Department: this would cost a lot but not as much as the savings in social security and county welfare payments plus the gain from national insurance and income tax paid by the working residents.

An experiment on these lines might lead to significant changes in our approach to employment for the severely disabled.

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## Farewell Message from the Editor

Many people in the Foundation already know that I am giving up my post as editor of *Cheshire Smile*. It is with more than a little regret that I do so after having edited the magazine for the past 14 years.

Fortunately, we have found someone else who seems eminently suited to take over the job—Rosalind Chalmers, who has been a resident at Greenacres, the Warwickshire Cheshire Home at Sutton Coldfield, for the last 5 years. She will assume full editorship with the December issue.

Editing, and literary work in general, is not entirely new to her, for she started the *Greenacres Chronicle* and has been producing it ever since, writing much of the material herself. Many readers will remember the articles she has contributed to *Cheshire Smile* already. She also compiled the 'Birmingham For the Disabled' guidebook, a task that entailed quite a lot of research. So I am sure the magazine will be in good hands.

I would like to offer my sincere thanks to all those many people who have helped me bring out the magazine on time for so long. The effort has been worthwhile, I know, but it has been a most rewarding experience for me as well.

Frank E. Spath

Rosalind Chalmers





## Notes and News

by Catherine A. Croisdale, Administrator

Wedding bells in the Service Corps. It was a joy to see Nora O'Donnell married to Robert Galbraith on 18th April. We all hope their life together will be long and happy. After the honeymoon, they both returned to work at Le Court. Ann Cowler's wedding was at Easter. I would also like to wish her a joyful and successful life.

Dennis Le Carre is off to New Zealand by sea. He is accompanying a resident from the new Cheshire Home at Hitchin, and promises to keep in touch with postcards (and maybe a piece of N.Z. rock).

Barbara Green is to be the first representative of the Corps members on the Service Corps Executive Committee, which meets generally every two months. I feel that she will be well able to be the link between the Committee and the Corps members, and to speak for them all.

Barbara will also be attending a Course for senior residential staff at Castle Priory College, one of the training centres of the Spastics Society. She has been seconded from the Service Corps, and I feel will enjoy it and benefit tremendously, as did Mary Drifill two years ago.

Robert Aytoun Girling is continuing to do well at his two-year residential social work at Enfield Technical College. This course requires a good deal of effort; it is exacting, but extremely stimulating.

Don't forget the Service Corps stall at the Le Court Fete on 18th July. One small new article from each member would give us a good send-off.

### Discussion Week for S.R.N.'s and S.E.N.'s

When Miss Moore, the first Administrator of the Service Corps, visited Cheshire Homes in the U.K. she found that many of the staff felt the need of more help in solving their problems than their hospital training had given them. They felt that an opportunity to take part in discussion groups with people outside their own Home would be of value, and were probably not surprised when Lady Williams' Committee on the staffing of residential homes concluded that a hospital training is no substitute for a training in residential care.

The first Discussion Week we have run for S.R.N.'s and S.E.N.'s took place at the Study Centre, Le Court on 18th-25th April. Many of these S.R.N.'s and S.E.N.'s, without any specialised training, have been meeting and solving as best they could and with considerable success, the many problems that are met in Cheshire Homes. Those responsible for planning this week regard it as an opportunity for pinpointing problems and exchanging views rather than for giving instruction. In this way we feel we can best help each other, and enable the Service Corps to keep in touch with the need of staff in the various Homes. Future discussion weeks will be modified in the light of comments received.

In the introduction to the Week, carefully prepared by Mr. Inskip, Chairman of the Service Corps Committee, it was suggested that the answers to these problems should be sought in the light of:

- i) the description of the ideal of what a Cheshire Home should be, which was contained in the Singapore memorandum presented to the International Conference last year, and much quoted since;
- ii) the remarks of Dr. Agerholm at the same conference to the effect that when a Cheshire Home is doing its job properly it will naturally carry out a rehabilitation function.

These two passages are easily embraced as admirable precepts, but Management Committees, and particularly staff, know that they are much more difficult to put into practice.

One of the aims of this Week was to help staff work out their own answers to their problems. We believe that the processes of formulating the right questions and working out the answers are more important than the answers themselves. For the working through of these processes will help staff to understand and attune their responses to the many points of view they will encounter in their work.

Representatives attending this week's course were from Holehird, Matfen Hall, Staunton Harold, Holme Lodge, Ampthill, St. Anthony's, St. Cecilia's, Athol House, Heatherley, Nicholas House, and Le Court.

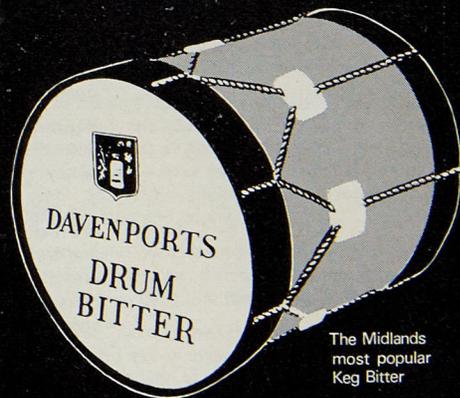
One of the participants, a Cheshire Home Matron, has written to the *Smile*: 'Personally, I found the course extremely stimulating. The speakers were interesting, the talks full of information, and definitely provided food for thought. The discussions that ensued showed a variation of opinion which proved that the many Homes are autonomous in thought as well as in management. In fact, these discussions were probably the most valuable part of the whole course. They proved to me, at least, that where you have frequent open discussion many misunderstandings disappear. Everyone present felt that they had benefited from the Week. Unfortunately, only ten Homes were represented. It is greatly to be hoped that these courses will continue, and that the support for them will improve.'

## *Annual Conference*

The 1970 Annual Conference of the Cheshire Foundation Homes was held on 30th May at the Imperial College of Science and Technology, South Kensington, London. A full report, it is hoped, will be published in the December issue of Cheshire Smile.

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# A French Girl's Plea

**Regular readers will remember articles we have published from the pen of Tatiana de Kreisler, who lives in Nice. She has recently sent this appeal for support to 'Polio-Revue', the magazine of the Association nationale des amis des polios at handicapes physiques, from which we reproduce it. What she is pleading for is, of course, something very similar to a Cheshire Home.**

*Polio-Revue* has already published some of my articles, and so, dear readers, I am no stranger to you. Today, I ask your help, having realised that if I wish to achieve anything at all in France I must have your support.

For the last four years, I have been agitating for the creation of a home for the disabled, a home for life which would be neither a hostel nor an institutional "Home". Its purpose would be to save us disabled from being consigned to an institution merely because there is nothing else available for those who are considered hopeless cases. It is true there are some private centres, but they are very few, and many of them are only for convalescent cases.

During enquiries I have made, one thing has always struck me. As soon as you mention the handicapped to officialdom, it immediately starts thinking and talking about sheltered workshops, medico-pedagogic centres, re-education centres, and so on. There is no idea of a real, simple home where the disabled could enjoy the comforts and pleasures of a home life of their own.

In a few words, here is the sort of home I have in mind. I picture to myself a house designed, down to its smallest details, to allow the disabled to fend for themselves in every way possible to them. There would be single rooms, capable of being arranged to suit the tastes and needs of the occupants, a garden around the house, and a workshop to help augment finances. In this way, we would keep in contact with the outside world. I repeat, this is only a rough sketch, and there will be many details to add.

I consider it essential that the conditions of admission should be as follows. Each resident, whatever his physical capabilities, should pledge himself to do his best to ensure the successful working of his home. The running of the home would be undertaken by such disabled members as are capable of doing so. The non-handicapped staff should be reduced to a minimum. Being severely handicapped myself, I know how much one can do for oneself when one feels at home and when all can help each other.

Thus, we save ourselves from the degradation of being confined to a geriatric ward, and treated on a level with its occupants, no matter what our own age. It is not old age that is degrading, of course; it's the fact that by putting a young disabled person in a ward with a lot of old people, and treating them all alike, he is condemned to become old before his time.

Since the people who deal with social projects, and those at the head of Associations, are themselves generally fit and well, they overlook the essential fact that there is not in France a single home for the disabled, under either government, regional or local auspices.

In 1967, passing through Paris, I obtained, with difficulty, an interview at the Ministry of Social Affairs. I had hardly started speaking before "sheltered workshops" were produced. I had to make them understand that a great many of us are too heavily handicapped to make use of these facilities. Finally, I was assured that I would certainly receive help if my application showed something positive. If I had a house ready to go into action, help was certain.

Returning home, I studied the problem again. Let's try to interest the regional authorities, I said to myself, and ask them for a house which I can then put before the government with my request.

The regional authority replied that my project was interesting—in fact, extremely interesting—but the municipality had no sites at its disposal. I was sent backwards and forwards like a shuttlecock, knowing that for most of the time they were just making game of me. So it went on, until I realised it was useless, and I must carry on alone! But supported and encouraged by a great number of the disabled and their families.

Let's look facts in the face. Many of us can't benefit from the existing centres because our handicaps are too severe, or we are too adult. You see, public services are mostly directed towards children and the young rather than towards the adult disabled.

*continued on page 31*

# T.N. Jagadisan- 60 years

*We have received a souvenir booklet containing many letters of appreciation of Prof. T. N. Jagadisan, one of the most renowned figures in the field of leprology in India, published to celebrate his 60th birthday. Amongst the letters were the following two from Group Captain Cheshire and Sue Ryder. Prof. Jagadisan is a Trustee of the Cheshire Foundation in India.*

My Dear Jagadisan,

I know this is very belated, but I wanted to offer my very warm and affectionate wishes on your 60th birthday. How much you have packed into these years! And, please God, how much you still have to give. For Sue and me it has been a great and a rare privilege to have worked with you in some small way, and we feel proud of the friendship which we can claim. Your smile is still remembered at Le Court, as your words are by all those who heard you speak at Godalming.

Leonard Cheshire

Dear Dr. Reddy,

As a close friend and great admirer of Professor Jagadisan and his work, it would have been a great privilege to attend the celebrations for the 60th anniversary of the founder-secretary of the Kasturba Nilayam, but my work will not permit this. Nevertheless I will certainly be with Professor Jagadisan in spirit, and will never cease to admire and wish him well in all he is doing. With my warmest wishes.

Sue Ryder

## Courage to Persevere

A dictionary tells us that 'courage' is the quality that enables men to meet dangers without fear; bravery; spirit.

My brother, who is a spastic, has all these qualities. He meets with all sorts of difficulties, and still smiles. Although unable to walk or feed himself, he is always willing to have a go at most things. He gets around in his wheelchair by scuffling with his feet—and in the process wears his boots out very quickly.

It takes a lot of courage to smile when people ask such questions as "Why don't you try and walk?" or when you overhear people saying to your mother, "What a pity God didn't let him die as a baby", or "He's such a nice looking lad, isn't it a shame". And to know that when he meets a young lady, he will never be able to marry like his elder brother or me, no matter how much he loves her.

And what about those wonderful holidays people talk about. You would think they're

not for him. But don't you believe it. He has been by plane to Jersey twice, and had a wonderful time in a hotel for disabled people, making some very good friends whom he still writes to, using one finger on a typewriter. He sweats and gets wet through, but he does it. This week, he received a letter from a friend he made while spending a week at Westward Ho! in Devon this year.

His hardest job is to prove he is able to manage, for even in this day and age people still regard spastics as 'simple'. They talk about, and treat him as though he is only five, instead of twenty-five. But through it all he has still got a cheery word for everyone, and proves that doctor wrong who once said that David would never talk. Up till he was seven or eight, he couldn't speak, but he never gave up trying, and we never gave up encouraging him, and hoping.

It needs another kind of courage to watch and stand by, trying not to help, and holding one's breath every time he nearly trips over. But that was the sort of courage my father and mother had, which has made him the person he is.

Someone who knows David once told me, "Every time I thought I couldn't go through any more I would think of David and say to myself, 'Take David's courage, struggling along in his chair without grumbling, and always with a cheerful smile'. It has always helped."

J. Wastnidge

**David Wastnidge is a resident at St. Michael's Cheshire Home. Here is a little piece about him written by his sister and published in a recent issue of 'West Region Views'.**

# There was an Old Lady who rode on a horse

A profile of Nora Mathieson of The Grove, reproduced from the East Midland Regional News.

Nora comes from Cheshire. She was born at Acton Bridge as long ago as 1892, and spent most of her life in that county, with the exception of two years when she went with her parents to live in America. She still says there is just nowhere like her native county for scenery and all the joys of country life, which it still retains, and which are her true love.

Nora and her sister were, perhaps, luckier than a great number of people, for her parents were well able to afford to encourage their daughters' love of the country and all its social activities. She will tell you of the wonderful dances and balls she attended, and her delight is to recall the Christmas festivities at her home when her parents invited the people from the village to sing carols in the house. She never hears carols without a great feeling of nostalgia.

She has always loved horses, and in her very early years she learned to ride ponies, graduating to hunters as she became older. Unfortunately, a serious hunting accident made it impossible for her to hunt or to ride too much again, and she then concentrated on breeding ponies, hackneys and hunters. Her greatest success came with her Welsh Mountain ponies, with which she won many prizes. Another great love of hers is alsatians and for over 30 years she was one of the country's leading breeders, and won numerous prizes with her dogs. She and her sister also kept guinea pigs, rabbits and mice!

She also developed a great love of the arts. She did quite a lot of singing, played the violin, and most of all took up painting—miniatures being her favourite art form. She still continues to paint all sorts of lovely things up to the present time.

But do not think Nora's life was all enjoyment—far from that. During the latter part of the first World War she nursed soldiers at a hospital at Taton Park near Chester. Later, for ten years, she was Secretary of a Church of England home for Waifs and Strays which cared for 45 young boys.

All things, it seems, come to an end. Her father died and her mother gradually had, like so many people, to curtail activities, and money became rather difficult. Nothing daunted the Mathieson sisters however. They started different activities with varying degrees of success to try to make money. They kept pigs, sold horses, and even thought of a cafe. Not too successfully it seems.

Unfortunately, Nora became ill and after being in several hospitals she eventually, through Dr. Agerholm, came to us The Grove, the Cheshire Home at Norwich. Her room there is filled with her own paintings of horses and dogs—reminders of the days when she bred her ponies and horses. She won the individual cup in the Handicraft Competition with one of her paintings of a horse. At last year's Fete she had a go at riding again, and she said it was so lovely to be on a horse once more, although she can't go fast. During the nice weather two girls from a local riding school come and take her riding—not bad for someone well into her seventies, crippled with arthritis. We are all hoping the weather will soon improve for her to start her riding activities again. (*See our cover picture this issue.*)

In spite of her age, the spirit of adventure is very much alive in her heart. She still has two ambitions—to ride pillion on a motor cycle, and to go up in a helicopter. She has already been pulled across the lake at The Grove on a raft three times.

Nora has just finished a small book of poetry, and the contents are a delight. She is now working on her book which we all hope soon to read. This plus her painting takes up a lot of her time. But she still has some to spare to be a member of the ludo school which operates each evening after supper at The Grove.

E.A.R.

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## The Disabled Living Foundation

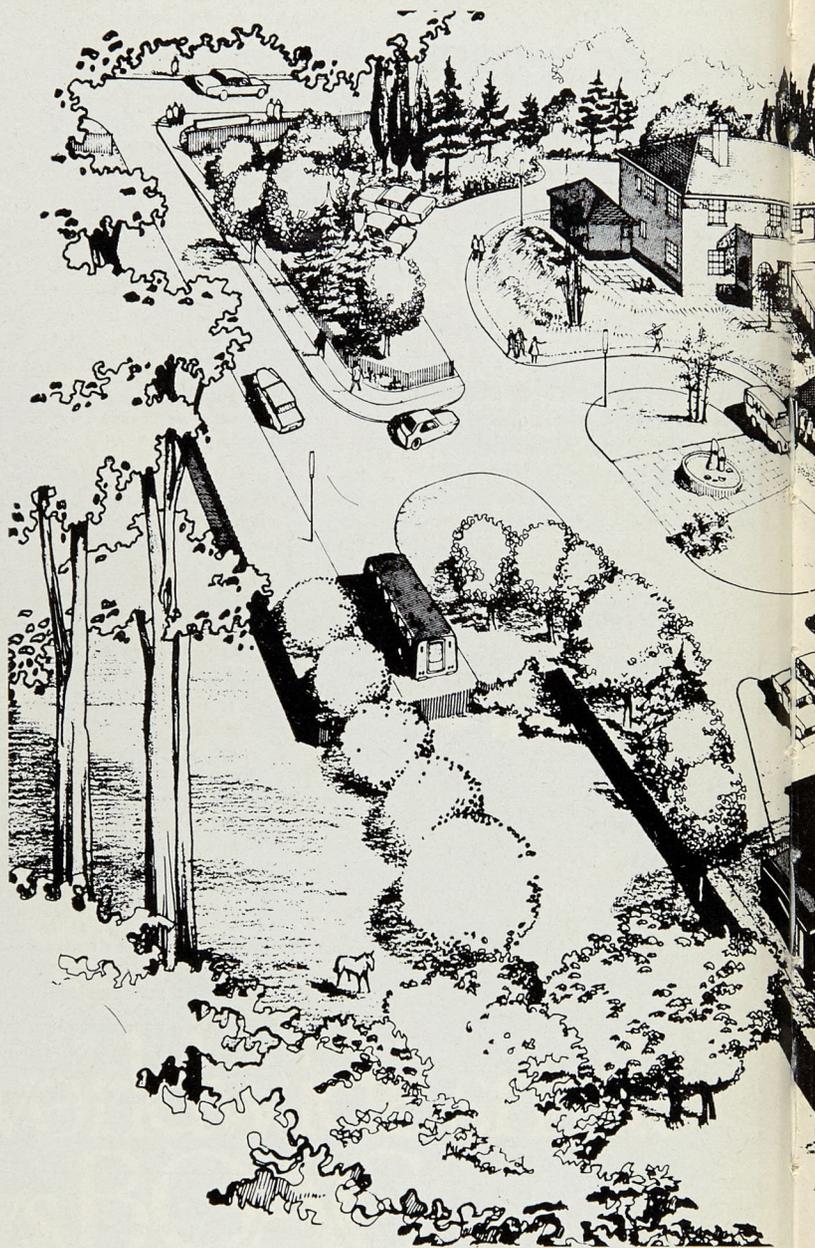
The Disabled Living Foundation has been established through the generous gift of an endowment on condition that its terms of reference are extended to include all forms of disability, particularly in the interests of those with multiple handicaps. The Central Council for the Disabled has agreed that the projects previously being carried out by the Disabled Living Activities Group of the Council shall be taken over by the new Foundation.

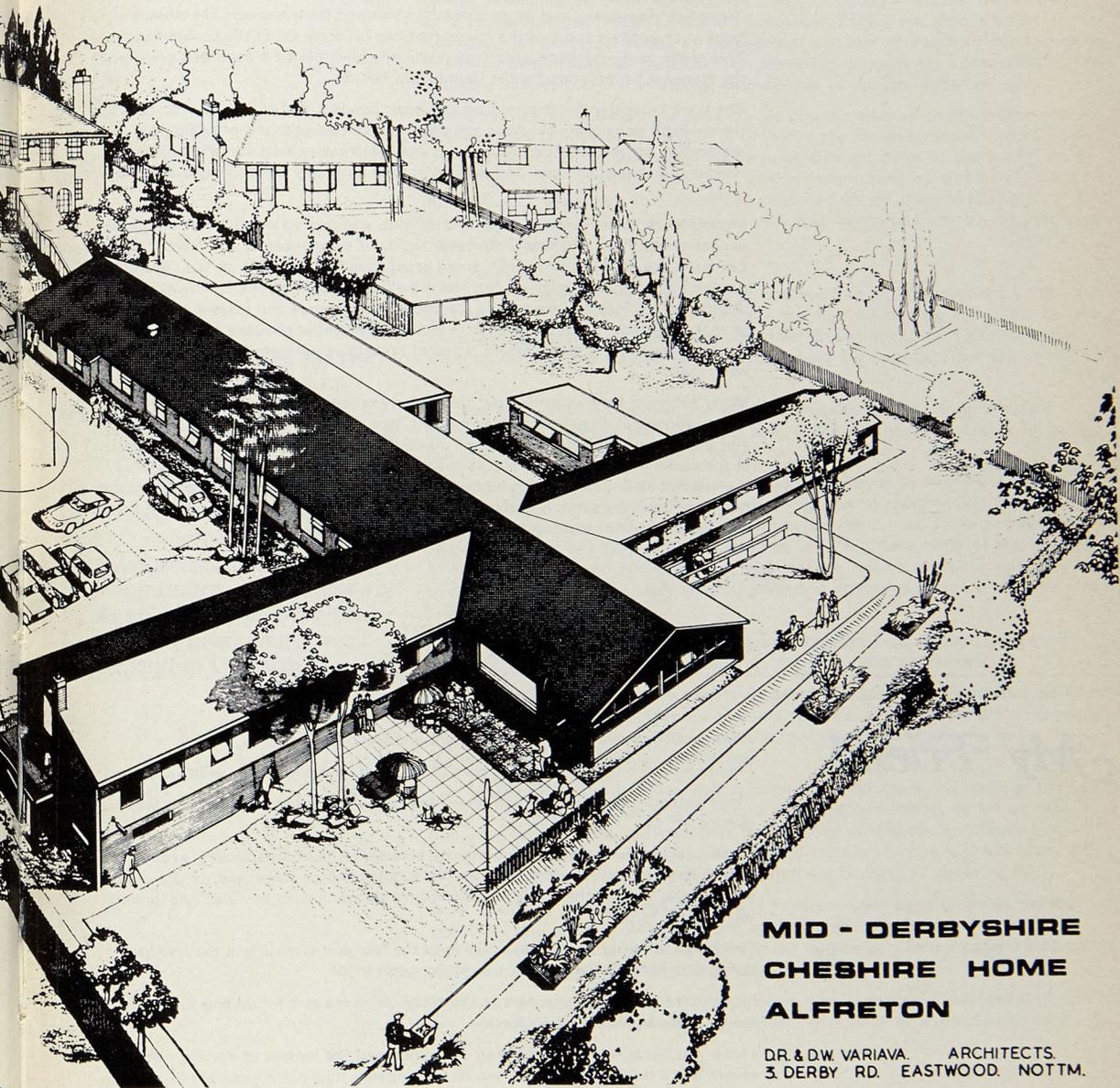
### Pre-view of Derby Home

The ideas of the Mid-  
Derbyshire Steering Com-  
mittee are expressed  
pictorially in this architect's  
diagram of their projected  
Home at Alfreton. They  
purchased the house (shown  
at top of drawing), and this  
will be used for staff  
accommodation. It will be  
connected to the new  
extension by a covered way.  
Building, it is hoped, will  
begin this summer, and will  
take about 12 months to  
complete.

The Home will accommodate  
25 residents initially. There  
will be the necessary ancillary  
facilities, including a physio-  
therapy room and workshop.

Renewed efforts are being  
made to raise funds. The  
Committee's treasurer reports  
a balance in hand of just over  
£28,000. In addition to this,  
there is a loan of £3,000  
from Staunton Harold, £5,000  
to come from Derbyshire  
County Council, and the offer  
of a loan of £10,000 from the  
Cheshire Foundation.  
Architects: D. R. & D. W.  
Variava, Nottingham.





**MID - DERBYSHIRE  
CHESHIRE HOME  
ALFRETON**

DR. & DW. VARIAVA. ARCHITECTS.  
3. DERBY RD. EASTWOOD. NOTTM.

# Unmentionable

*Incontinence: Some Problems, Suggestions and Conclusions.* By Leonora Elphick, A.J.M.S.W. 15s. 6d. Disabled Living Foundation, Vincent House, Vincent Square, London S.W.1, 1970.

Incontinence, the unmentionable, non-polite disability, is probably the worst and most distressing physical handicap of all. The sufferer, all too often wet, dirty, smelly and socially unacceptable unless his circumstances are very fortunate, feels himself degraded, disgusting, and often miserably divorced from society. The object of this book is to suggest some of the things that can be done about the problems involved. This study of the practical problems was made possible by a generous grant from the National Corporation for the Care of Old People.

The book is written for disabled people, their families, and the staffs who care for them—both domiciliary workers and those concerned with the provision of residential accommodation. Much of it may interest specialists in rehabilitation, teachers in special schools, and nursing staff in long-stay hospitals and special care units.

Incontinence seems to be a neglected subject, and one on which most people are almost completely ignorant. Few seem to know the causes of it, or ways in which it can be managed. For this reason, some background information on the different types of incontinence is given. But the main section of the book is concerned with the design of clothing—especially the choice of openings and fastenings of garments to make dressing, undressing, and the management of appliances and protective clothing easier—and the different types of protective garments and the pads used with them.

Many sufferers from incontinence, particularly women, are so dismayed by the "unmentionable" nature of their complaint, that they don't seek medical advice and other help. For both children and adults the condition tends to be concealed in the same way that mental illness is so often concealed. It is only by bringing the subject into the open that taboos can be broken down and assistance brought to a very unhappy section of the population. The sponsors of this book feel that some sympathetic publicity for it will help in this way.

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# My Friend

*(Author Unknown. Sent in by a resident at Miraflores)*

I love you not only for what you are but for what I am when I am with you.

I love you not only for what you have made of yourself, but for what you are making of me.

I love you for putting your hand into my heaped-up heart and passing over all the foolish and weak things that you can't help dimly seeing there, and for drawing out into the light all the beautiful radiant belongings that no one else had looked for enough to see.

I love you for ignoring the possibilities of the fool and weakling in me and for laying firm hold on the possibilities of the good in me.

I love you for closing your ears to the discords in me and for adding to the music in me by worshipful listening.

I love you because you are helping me to make of the lumber of my life, not a tavern but a temple, and of the words of my every day, not a reproach but a song.

I love you because you have done more than any creed could have done to make me good, and more than any fate could have done to make me happy.

You have done it without a touch, without a word, without a sign; you have done it by just being yourself. Perhaps that is what being a friend really means after all.

# Uganda sets the Pattern

**The Cheshire Homes for the Disabled are essentially a lay-organisation aimed at involving local people from all walks of life in the attempt to do something for the long-term disabled or chronically sick . . . each Home acquires its own personality and characteristics . . . the variety of disabled people admitted is perhaps particularly well illustrated in Uganda.**

by Group Captain Leonard Cheshire

reproduced from *The Guardian* by kind permission of the Editor.

Here two separate projects have started, the first a small home already established for burnt-out leprosy sufferers in Jinja, and the second a projected but larger home for the physically disabled in Kampala. That either of these came into being at all was solely due to a chance business visit to Uganda a number of years ago by a member of the United Kingdom Foundation. During his short stay he mentioned the particular needs of the disabled and the approach of our foundation to this problem. Although the seed then sown lay dormant for a long time it has suddenly flowered, and it is almost entirely due to African initiative.

It consists of a small building in the grounds of a leprosarium in Baluba for old and burnt-out leprosy patients, and is probably the simplest, most uncomplicated and modest of the various homes we have in different parts of the world. At present there are only eight residents, most of them blind as well as disabled, but each with their own little room and cupboard for all their treasures, such as old tin cans and bottles and a much valued radio given to them by the wife of the High Commissioner.

#### **New initiative**

To raise the necessary money to put up the building Dr. Wallace, the young Irish medical officer of health, spent a Saturday morning walking up and down the main street collecting money, which when counted turned out to be £500. No doubt when more money is needed he will again spend his Saturday morning in the main street.

Perhaps following his example, the old men in spite of their disabilities are remarkably adventurous and go off for long walks on their own and have so far managed to find their way home again.

In Kampala in the past 12 months, the sudden awakening of interest is due to the personal initiative of Matthew Keripe, a Nigerian physiotherapist. A new committee has been formed of seven African members, one Asian and one English. The chairman of the fund-raising committee is Mrs. Odaka, wife of the Minister of Foreign Affairs, and under her guidance enough money has been raised to buy two and a half acres of gently sloping ground in attractive surroundings just outside Kampala.

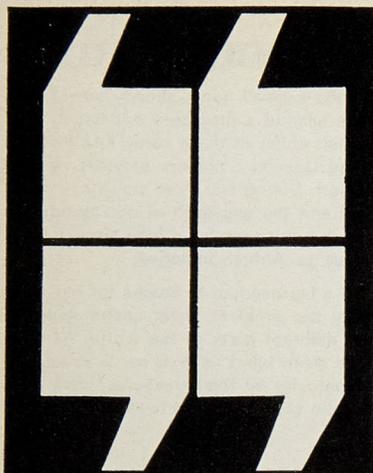
A second-hand prefabricated concrete sports pavilion, large enough to convert into a home for, ultimately, 20 residents, has also been purchased.

These will be suffering from a variety of physical disabilities, but mainly paraplegic. Arrangements have been made for the services of a trained occupational therapist. A contract for piece work from a local factory has been negotiated and a sheltered workshop is to be established.

This is all being done in close co-operation and with the active help of the polio clinic. Inevitably there have been delays and disappointments as for example a free offer to dismantle and transport the building which, due to pressure of work upon the firm, did not materialise for several months. But now the Ministry of Works' grader is in action levelling the land and building is about to start.

Beds, blankets, furnishing materials, and furniture have been given in sizeable quantities and are awaiting to be put in the home once it is open. Now both committees are talking of the need for other homes in different parts of the country and are discussing plans to establish them.

Our own impression is that in Uganda there is a remarkable willingness to get up and do things on their own without expecting outside or even Government help.



# Around the Homes

Topical items, facts and views from the Cheshire Homes all over the world. This section will be a news miscellany of interest to readers in general. So please send us brief accounts of what you've been doing and thinking recently.

## At Home in Santiago

Our Home, the first in Chile, opened in April 1968. It is in a nice one-storey house, built in 1935, surrounded by garden. There is accommodation for 14 residents, and we have one trained nurse, who lives in the Home. She is a very sweet woman, who has really understood Group Captain Cheshire's spirit, and looks after the residents with love. We have a cook, someone to do the cleaning, and someone to do the washing.

I run the Home, and buy most of the groceries, vegetables and things. We raise money in various ways—sales of Christmas cards, bridal bouquets and wreaths, parties and socials, and a film premiere.

Most of the residents suffer from diseases like paralysis and arthritis, but we have had cancer and heart patients too. Two of our lady directors take some residents to hospital twice a week for physiotherapy treatment.

Rosita De Barroilhet

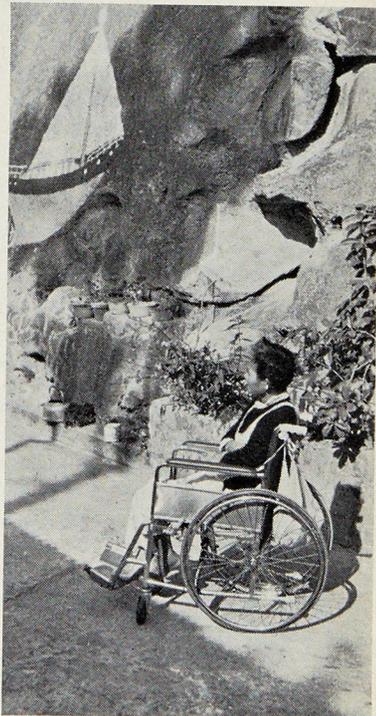
*Miss Ken, Matron at the Hong Kong Home.*



## Chung Hom Kok

The sun shines on the sea which appears to stretch away forever, a few small hilly islands bulging from its gleaming surface. A junk slowly moves across the horizon, its red sails billowing in the wind. Turning from this breathtaking view you find yourself in what appears to be an army camp from the number of nissen huts that perch on the hillside. It was once, but now it is the Hong Kong Cheshire Home, that surely must be placed in one of the most beautiful spots on earth. Here live 42 patients aged between 17 and 84, cared for by a staff of nine people and supported entirely by voluntary contributions. The life of one 17-year-old boy here is slowly, miraculously, being changed. From having an almost useless body, after having been severely burned, he is getting free plastic surgery. Now he can once more open and shut his eyes, lift his head and use his left hand and with more operations will be able to do more. Sitting in the sunshine these men and women weave baskets, sew or paint. Most of them have nowhere else to go.

*Another resident looking at some of the rock paintings, the work of residents.*



## Bombay Paraplegic Games

22nd February was a great day of rejoicing at the Bombay Home. The residents had entered for the Second National Paraplegic Games in Bombay, and they clinched the Championship Cup for the second year in succession. Individuals in the team scored first places in archery, precision javelin, and weight-lifting. The competition was closely contested; there were about nine hospitals from Bombay participating.

Cedoo J. H. W. Souza.

## Foundation of Fraternity

The picture on this page shows Group Captain Cheshire, watched by Mrs. Terry Vaz, secretary of the Home, officially opening, on 9th March, the new extension to Mangalore Cheshire Home at Kankanady, India, which since 1965 has been caring for 12 women suffering from the after-effects of leprosy. It was called a 'Home of Beneficence' by

*One of the girl residents.*



Valerian Cardinal Gracias when it started. The new wing—an imposing structure that will accommodate another 24 patients—cost something like Rs 50,000, and looked beautiful on opening day with colourful decorations, balloons and bunting.

Some three years ago, because so many applications for admission were being turned down through lack of space, the Committee decided to launch the ambitious project now just completed. Two red feather carnivals organised in 1968 and 1969, plus other donations, netted a sum of Rs 23,000, out of which Rs 4,500 were spent on a wall round the Home. Then plans were prepared, and work started on the new wing.

In order to get the compound wall built a work camp was organised for students, and about 100 students from various colleges in the area came forward and built much of the wall in ten days, saving the Home nearly Rs 3,000. Inspired by the success of that project, a further work camp was organised for students in the autumn of 1969 to undertake the foundation work of the new extension. Again, the work was done in ten days. Then there lay ahead the task of completing the building.

'This Home has been gradually moulded to the Cheshire pattern, where the inmates experience a feeling of belonging, and are encouraged to take part in the day-to-day management—an essential difference between a Home and an Institution. The poultry unit, started with the aim of providing some useful occupation,

See 'Foundation of Fraternity'.

now pays rich dividends. Those of the inmates who show an aptitude for finer work are taught to produce bags, table mats, dolls, etc., under the supervision of Miss Hyde of Swiss Emmaus. It is our earnest endeavour to start a small workshop for the residents, and to extend these facilities to the handicapped people in the area who will come to the workshop daily. In keeping with the spirit of the Cheshire Homes the inmates will be encouraged to undertake the management and running of the scheme'. It is fitting to end this story with some extracts from an account of the 1969 student work camp written by one of those who took part.

'We nearly swooned as we glimpsed the plan of the project . . . but our hesitation lasted only a second . . . After the inauguration we changed into our work clothes . . . The sturdy boys took up the hard work of digging the unyielding ground, while the delicate girls carried the mud in baskets . . .

'By the fifth day, our muscles were sore and hands and feet bruised, but the knowledge that we had dug the entire foundations warmed our hearts. Now lay ahead the arduous task of passing endless pails of water, mixing the cement and sand, and carrying the granite stones to feed the masons. The progress of the work seemed to us painfully slow, and in our enthusiasm we goaded the masons to double their efforts.

'As the days passed by, the strength of the Camp steadily increased. From 70 we were now numbering nearly 100.



Night entertainment is so much a part of camp life and necessary for us youngsters, to compensate for the holiday pleasures we had so willingly foregone. Thus every evening after stopping work at 6.30 we used to rush home for a quick bath and meet once again to dine and dance.

'During these ten days we saw pretty girls getting tanned and tired, and handsome fun-loving boys doing back-breaking continuous jobs. Several people have asked us what is the motivating power behind this selfless work. Perhaps the answer lies in the inherent goodness of every human being. Patiently nurtured, it will blossom like a flower and spread forth its perfume. The Cheshire Home Committee channelised our boundless enthusiasm and energy to constructive work. The happy days spent at the Camp will be the green patches in the desert of life. We have learned to discipline ourselves, and to recognise that whatever be our religion or caste we are one people of one country. Let this foundation that we built be symbolically called "The Foundation of Fraternity".'

## A Spinal Injuries Unit for Kenya

Amani Cheshire Home, Lenana Road, Killimani, Nairobi.

Since October 1969, this Home has been based on the same idea as the Stoke Mandeville Centre in England. We concentrate on the rehabilitation mainly of paraplegics, to help them return to work, if possible to their former employment. Intensive treatment is provided by a physiotherapist and an occupational therapist to enable the patients to become mobile and use all their limbs. It is intended to build a workshop attached to the main building where they can practise their skills and learn new ones.

Most of the money comes from charity events, but we do obtain grants from various sources. It costs £30 a month to care for one patient at the unit.

One of the patients is a young boy of 19 who was knocked down by a vehicle two years ago, which paralysed him from the waist down. He lives in a wheelchair, but is now, after being rehabilitated, completely independent. He goes daily to a training school where he learns shoe-making and repairing. He has a

great interest in life and is very cheerful. When he eventually leaves the unit I am sure he will be a very useful member of society.

Mrs. J. C. De Souza.

## George Wilkins' Sponsored Swim

Seven Springs, the Cheshire Home at Tunbridge Wells, Kent, is not too far away from the local baths, and with the assistance of some willing helpers, the fitter residents have been enjoying a weekly swim there for some time. In fact, this visit has been the highlight of the week for most of them.

One of these residents is George

*George Wilkins*

*Photo: Kent & Sussex Courier*

Wilkins, who has suffered from M.S. for some 20 years. Unable to walk, or even to stand, he has found, much to his surprise, that he can float on his back in the water and swim for about 20 lengths. This is a pretty good effort, for he is quite unable to move his legs, and depends entirely on the strength of his arms, plus sheer will-power.

George felt he could put his newly acquired ability to good use, and thought up the idea of undertaking a sponsored swim himself, in order to raise more funds for the extension much needed at the Home.

His marathon has been fixed for the afternoon of Sunday, 26th May. Already, he has something like 250 sponsors. So a good result is to be expected.



## Toc H in a Cheshire Home

by Regina'd C. Coates  
Chairman, Chippenham Toc H

More than a decade ago, Toc H introduced me to Greathouse Cheshire Home, and during that time I have come to believe that such a setting underlines the relevance of Toc H.

Much thought has been given to defining the exact nature of a Cheshire Home, but in simplest terms surely it is a community just like any other, but with many of the citizens having physical disabilities.

Toc H accepts men of all creeds or none, of any race, age or social status. It is therefore natural that a wide range of talent, character, and opinion may be found.

To some residents it may seem that Toc H is just one of the many organisations whose object is to "do good". Now there is clearly some truth in this, as there is in certain derisory comments made of people known as "do-gooders". I've never understood, incidentally, this criticism of "do-gooders", since I find more of value in them than in the idea of a "do-badder". Whether the implied criticism is that the "do-gooder" seeks self-aggrandisement I don't know. But surely everyone distrusts the type who acts in that way.

Toc H was defined by its founders early in 1920 as a Compass with four points.

Some branches tend to concentrate on one point, such as Service. Perhaps the Cheshire Home branches might concentrate on others which help us all live together.

Let us now closely examine the Compass, point by point:

1. Friendship. To love widely. Members are called on to welcome all in friendship; to lessen by habit of thought, word and deed the prejudices that divide men; to see the needs of others as their own.
2. Service. To build bravely. To enable members with their varying gifts to serve their fellows. Members are called on to study local, national and international conditions, and their effect on others, and by their example to challenge their neighbours to seek the way of Christ.
3. Fairmindedness. To think fairly. Members are called on to listen always to the views of others; to find their own convictions, and to influence public opinion so that conflict may be lessened by sympathetic and intelligent understanding.
4. The Kingdom of God. To witness humbly. To work for a better world through the example of friendship, service and fairmindedness. Members are called on to acknowledge the spiritual nature of man; to practise the Christian way of life and to help the truth to prevail.

See 'Horsey Business'

## Frank Harris of Le Court

Reproduced from the  
Le Court Newsletter

On February 18th Frank Harris died peacefully in his sleep. He was 57 and had been a resident of Le Court for 18 years. Although he was never an active member of the community he was part of the very fabric of the place and everywhere was silent on the morning of the 21st when staff and residents gathered in the Anglican Chapel and hall for his funeral.

Frank was born and brought up in Cinderford, a town in the Forest of Dean. With three brothers and two sisters his childhood was spent climbing trees and running wild and free, and his love of the country remained, undiminished. When he was old enough he became a miner and lived the traditional miner's life: hard, dangerous work made tolerable by leisure in the pub, talking men's talk, drinking and betting. Not until his late twenties did muscular atrophy cut him off from the only world he knew and which meant anything to him. He was in and out of Cheltenham hospital, returning between whiles to live with a brother and sister-in-law. But mining towns were poor and couldn't afford to carry young men who could no longer work. He travelled south to Le Court to see what it was like, and even though those were the chaotic early days the untrammelled atmosphere appealed to him and he decided to stay.

## Horsey Business

Residents of White Windows, Sowerby Bridge, Halifax, visited the West Yorkshire Constabulary's Harrogate stables and were given a full demonstration of police horse work. **I. to r. Front.** Mrs. Mary Tucker, Miss Emily Kilhorn, Mrs. Phyllis Hough; **Back.** Cadets Swales and Fogarty, Sgt. John Duker, P.C. Lonsdale on Chevet Lad, and Cadet Spencer. This photo was published in *Pony* magazine.



To a man of his upbringing 'life' was finished, but in fact he developed an alternative which, until the past year, was full of small satisfactions. For years the quiet talk and daily paper with Trottie and Bob East at coffee time; weaving scarves in his room between

tea and supper. The friendship and back-chat at his table in the dining-room. The occasional bob each way on the horses —sport was one of his main interests. Sitting with Joe Pincombe in the sun on the terrace. Hunched over his pipeful of Black Beauty, watching BBC 1 each

evening.

White-haired and craggy faced, he looked older than his age, but his own dislike of change was reflected in his changelessness. Frank was not a man who spoke about himself. He was himself, and we miss him.

### **St. Patrick's Day Engagement**

On 17th March two members of the Seven Springs family became engaged. They are Ken Hawkins, a former R.N. signalman, and Mrs. Valerie Wilkinson, who was the manageress of a big store in Margate.

Photo: Kent & Sussex Courier.



## Coffee Morning for Nigeria

At White Windows, a Coffee Morning and Bring-and-Buy Sale, to raise funds for the relief of distress in the Eastern Region of Nigeria following the Civil War, was held on 28th January 1970. This was arranged by the residents with the help of friends, and proved highly successful. A sum of over £70 being raised which was later handed over to Mrs. W. N. Turner, local secretary of the Save the Children Fund.

See 'Entrance Hall Transformed',  
Photo: Congleton Chronicle

## Entrance Hall Transformed

Early this year, the entrance hall of The Hill, the Leonard Cheshire Home at Sandbach, Cheshire, was transformed by a beautiful ceramic mural, the gift of the artist, Rys Powell (standing, second from left in picture). The panel depicts the London to New York Air Race. To harmonise with this, the hall has been redecorated with a lively scheme of strong clear colours. And the 'art board', also in the hall, is to be filled with works of art promised from local schools.

Speaking on behalf of the Home at the presentation, Edward Cross, Chairman of the Residents' Committee (shown in wheelchair), expressed everyone's

thanks to the artist for his generosity in giving the mural.



## Tour of the Cotswolds

Cheltenham is often referred to as the Capital of the Cotswolds and five of our latest residents hail from the locality. Ian Wilson, although having a Scot's name, is a native of this delightful Regency town with its beautiful parks and famous Promenade and shops. Approximately nine miles south-west is the County town of Gloucester from where Malcolm Morris hails. He was, in the early 60's, a member of the late Donald Campbell's 'Bluebird' team, being an engineer.

This city boasts of a fine Cathedral containing the largest East Window in the country and the last resting place of the murdered King Edward VI. From here we journey northwards, and also nine miles from here, is the beautiful half-timbered town of Tewkesbury (where was fought the last battle of the Wars of the Roses), with its fine Norman Abbey which has the widest Norman Tower in Europe. This is where the Rivers Avon and Severn meet, which is a paradise for both anglers and boating enthusiasts. From this delightful town comes our youngest resident—Brian Pope, who is an expert weaver, making beautiful trays. We now journey on to the picturesque Cotswold village of Naunton which is close to the famous and renowned village of Bourton-on-the-Water, and the Manor House, the home of Daphne Hanks, with its medieval dove-cote, which the Abbot of Pershore had built prior to the Reformation.

Again, we track northwards to the neighbouring county, arriving at the Cathedral City of Worcester. The remains of King John are buried here. Many cricket enthusiasts will know that the Test Matches start at Worcester, from which ground can be seen the River Severn and the majestic Cathedral. From this well-known city comes Thelma Bayliss, who is to be complimented on her beautiful embroidery and knitting.

Throughout these journeys we can see the real beauty of the Cotswolds with its old world charm, and see the results of the local craftsmen retaining the almost forgotten arts amongst this world of space and automation.

## Oaklands—The First Year

16th March has been the residents' most important date so far this year at Oak-

lands. A celebration dinner party was held to mark the anniversary of the arrival of the first residents at the Home. Our guests at this celebration were the Chairman, Vice-Chairman, Treasurer and Secretary of the Management Committee, to represent the Management and Support Groups. Also with us were two ladies representing those who give so much voluntary service in the Home. An excellent meal taken at tables bright with spring flowers, toasts, a cake with one candle, and an old-fashioned sing-song to finish, made an evening really enjoyed by all.

Looking backward over the first twelve months, from the residents' angle, shows good progress in several spheres. The shop, very well patronised, has shown a more than satisfactory profit for its limited space, which restricts stock. Every effort has been made to add to the bus fund, from last year's big one, the garden party, through the smaller bonfire night, film shows, and our latest, a monthly social evening. Handicrafts, though restricted by our capabilities, are growing and showing profit. Marjorie Brookes.

## New Dining Room for Alne

The residents of Alne Hall marked the occasion of their Annual General Meeting in March with the opening of their new dining room. The Abbot of Ampleforth, the Rt. Rev. Basil Hume, declared the room open by ringing the dinner gong, which caused loud laughter among the residents and the large audience of visitors. It was a particularly happy and crowded evening, enjoyed by all.

## Two Weddings at St. Anthony's

One day in January, there were two weddings taking place at St. Anthony's Cheshire Home, Wolverhampton. Mr. Harold Holt married Mrs. Irene Newman, and Mr. Jan Krepa married Miss Rosa Growns. Both couples, who met at the Home, were taken to their respective weddings by ambulance, as all four are wheelchair-bound. More than 300 guests attended the joint reception at the Home after the weddings.

Special accommodation was improvised at the Home for the two couples, but it

is hoped that eventually they will be able to occupy two of three married units that are part of the extension now being planned.

## Dick and Gwen of Heatherley

On 25th April, Gwynneth Ebdon, a resident at Heatherley since its inauguration ten years ago, was married to Richard Owen, another member of the family. The ceremony took place at the parish church at Copthorne.

After the wedding, relatives and friends, among whom was Mrs. Pamela Farrell, Chairman of Heatherley, adjourned to the Duke's Head, Copthorne, where a small reception was held prior to the young couple leaving for their honeymoon spent at the Lantern Hotel, Worthing.

Dick and Gwen will return to Heatherley after their honeymoon to take up residence in the new wing, which the family has been watching going up next to the L-shaped part of the Home. This new wing has been built primarily for married couples. It has two large bed-sitters, and the first one was allocated to Gwen and Dick. Later on, another married couple from Seven Springs will occupy the other one.

This wing also contains four single rooms, and various offices. The shop is being relegated to this building as well, so that its existing quarters can be utilised for staff requirements.

## Mayfield Developments

Our tenth Annual General Meeting was held on 6th February. Among the many friends present was Matron from Carnsalloch, and we were very pleased to welcome Lord Sinclair who was our guest speaker for the evening.

Mr. R. Weatherstone, our Chairman, speaking on future developments, mentioned the possibility of building a ground floor extension for the 14 first-floor residents in order to relieve the lift. Living-in staff could then be accommodated in the rooms vacated by the residents. This arrangement would be advantageous to both residents and staff, and would allow for more freedom of movement.

Volunteers from the Royal Engineers,

## Two Years Between

Two pictures from Mickley Hall, the Cheshire Home at Totley, near Sheffield. (On right) Group Captain Cheshire plants tree on opening day, 15th September 1967. (Below) A group of guests at the opening of the new extension on 15th September 1969, talking to two of the residents, Gordon and Elizabeth. Standing, l. to r. Mrs. May Cutler (one of the Foundation's travelling matrons), Mrs. N. Smith and Mr. M. Houndmont. Photo: A. Coulthard.



104 City of Edinburgh (Field Squadron) spent many hours of hard work preparing foundations for a paved terrace outside the O.T. department. The O.T. window has also been converted into a door, which enables the residents to wheel themselves outside in the summer instead of having to take the lift up one floor.

## I.C.I. Lends a Hand

Reproduced from  
The Marske Hall Newsletter

Lord Ronaldshay's gift of the two-acre market garden at the back of Marske Hall, has been followed by another most generous gesture.

It may be some time before full plans are worked out for the best use of this valuable land, and even longer before they can be financed and executed. In the meantime, it has been decided to put most of the area down to grass, making it a pleasant spot both for residents and visitors.

We are delighted to say that I.C.I.'s Agricultural Division have agreed to come to our help in this operation. They are ready, at their own expense, to provide the seed, machinery and labour, and hope to see the job through in the Spring.

This is a tremendous help to the Home, and is appreciated all the more because of the kindly way, and the promptness with which our I.C.I. friends took up the idea.

## Chelsea or Leeds United — Who Cares?

As everyone knows, 11th April was Cup Final Day, and we have our share of football fans at Athol House. You would have expected them to have eyes glued to the telly (and they may well have sneaked away from time to time to watch), but 11th April was for us a very special day for another reason. At three o'clock in the lounge, before a large gathering of relatives and friends, two residents, Jill White and Ronald Sparrow, were married by an Archbishop's special licence. The Rev. John Wilkins conducted the simple but moving wedding ceremony, assisted by the Rev. Vernon Lewis, a personal friend of the bridal pair.

The weather really excelled itself, and

the warm sunshine beckoned to everyone to go outside and enabled the photographers to get busy on the lawn. What the garden lacked in floral adornment, the League of Friends made up for indoors; even Constance Spry could not have found fault with the exquisite floral arrangements everywhere. They also provided and prepared the lavish buffet-style spread which followed. After the customary toasts and speeches the wedding cake, beautifully made by the bride's cousin, was cut and distributed. Yes, it was certainly a memorable day, and we wish Jill and Ron a very happy future. I am sure they are grateful to the Management Committee for allowing them to stay on in the Home and so making their dream a reality. You can be sure we all watched the replay . . .

Rosemary Glass

## Our Staff

The staff at Carnsalloch are the hardest working crew,

that ever graced a Cheshire Home (and nice with it too!)

Bathing, dressing, feeding, cleaning all through the days,  
yet still find time to help us in many other ways.

Recently, when funds were low as often happens here,  
they put their heads together, and soon they made it clear.

A whist drive they would organise and hope there would be a crowd.

The people came from miles around and really did us proud.

The game was much enjoyed by all, likewise the lovely tea.

The prizes given by many friends you really had to see.

When the playing ended, and the time of reckoning came,

Seventy-five pounds was the wonderful sum received by the evening's game.

So to nursing, day and night, staff and other helpers too,

there's only one thing we can say a really big THANK YOU.

C. R. McGhee.

## Bridlington Wings of Raphael

£630 was sent by Bridlington support group to the Mission for the Relief of Suffering during the past twelve months,

it was announced at the annual meeting of the group. This brought the total money raised since the group was formed in 1961 to £4,032.

## We shall remember them . . .

*Amongst recent deaths were:*

**Barnes**—On 2nd March, Edith Barnes, aged 45, one of the first residents at Oaklands.

**George**—In the spring, Elsie George, a resident at Llanhennock Cheshire Home since 1962.

**Harris**—On 18th February, Frank Harris, aged 57, a resident at Le Court since 1952.

**Richards**—On 27th February, Hilda Richards, aged 61, a resident at Holme Lodge since 1963.

*Would the Homes kindly send full details for this column direct to the Editor.*



# Out of Doors

Edited by Ruth Carey

The Editor of this feature appeals to Cheshire Home residents for more pieces, short or not so short, to include in future issues. Many of you must have reminiscences of happenings that took place 'far from the madding crowd'.

## The Broads

The Broads are fascinating to naturalists of course, but other people go there, like me, to whom grass is merely grass, reeds are reeds and the bittern just a small brown bird in no way remarkable. (Actually I can't be sure I ever saw a bittern). We went for the sailing.

Supposed to be the remains of mediaeval peat diggings, the Broads are a dozen or so sizeable lakes, lying in the flat north-east angle of Norfolk and joined by a network of rivers with reedy banks. Most of the lakes are reedy too, and some have become choked with vegetation. This the great holiday playground for amateur sailors.

Or was. For I see from a recent boat-hire catalogue that the number of motor boats is increasing, and the drivers of those horrible puttering floating flatlets are not to be regarded as *sailors*, not even very amateur ones. Their craft clutter up the river and are an offence to all right-thinking sailboat men. Even fifteen years ago they had become too numerous, and for that reason we preferred to make our annual pilgrimage at Easter when few of the motor boats were out—perhaps it was too cold for the poor dears. All the yachts would be out. It was cheaper at Easter.

There is an increase as well in the number of 'auxiliaries'—perfectly good sailing boats which the boat-owner has ruined by the addition of an engine, for which piece of vandalism he has the effrontery to charge a higher rate. We took one once, a great mistake. A week on the Broads should be a week spent in an earlier age, at the mercy of the weather when places that couldn't be reached with wind, current and the quant pole couldn't be reached at all.

The typical Broads yacht is something of a joke to offshore sailors, but very fit for her purpose. Twenty to thirty feet long, seven to nine foot in the beams and shallow-draughted, she has a thin, almost flimsy hull, a mast set well forward so most of her sail area is concentrated in the mainsail, and a minimum of rigging. There is a large open cockpit aft. She would make a poor showing in the open sea; but in smooth inland water she is perfect. To come about you need do no more than put the helm down. She will turn on a sixpence. She will sail close to the wind, hugging the lee bank as you inch down an adverse stretch, trying to avoid tacking before the next bend in the river. Sails and mast can be lowered in minutes to pass under a bridge and raised again as quickly. She will tack up a dike the width of which is little more than her own length. And in the open water of Horsey Mere, a mile from the North Sea, or in the wide stretches of the Bure running through marshland below Thurnemouth, she will really move.

In the cabin are sleeping berths, a table, plates, cutlery, and food lockers. The lighting is modern—battery-operated electric. You tie up, raise the cabin roof, fix a tent over the cockpit and light the calor gas stove.

Where else in England could you enjoy the pleasure of camping without the effort of carrying your gear, be as energetic or as idle as you liked, prepare meals of the greatest complexity to be eaten *al fresco*, and—spend your holiday in the open air without ever having to get wet?

P.E.D.

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## A French Girl's Plea

*continued from page 14*

So what is awaiting us? The geriatric home—on the day we are left alone. Make no mistake about it. Whatever our age we can't escape it. I have met many disabled people who have been in such places from the age of 10, or 14, or even some from the age of four. Most of them are now 25 to 40 years old, but they look 60, or even older.

Dear friends, if you realise the need for a home of your own, and are willing to help us in this degrading situation, write to me, those of you who can, and protest, and protest and go on protesting!

# Mission for the Relief of Suffering

Registered in the U.K. as a Charity

**Founders:** Sue Ryder, O.B.E., Group Captain G. L. Cheshire, V.C., D.S.O., D.F.C., and Rev. Mother Teresa, M.C.  
**President:** Mrs. Lakshmi Pandit

Out of the combined work of the Sue Ryder Foundation and the Cheshire Foundation Homes for the Sick there has evolved the concept of an association—or family—of separate and autonomous organisations, each devoted in its own way to the relief of suffering but all sharing the same ideals and principles. The function of this Mission is, on the one hand, to strengthen its member-organisations by virtue of making them part of some larger entity, and, on the other hand, to extend their opportunity of doing good by the possibility of joint and concerted action. Application for membership from any charitable organisation is always welcome.

As one step towards this goal, the member Foundations have pooled some of their resources and experience in order to meet specific and urgent needs not falling within their respective terms of reference, and have set up the following:

## Raphael

P.O. Box 157, Dehra Dun, U.P., India.

Under the personal supervision of Sue Ryder and Leonard Cheshire, and staffed in part by volunteer nurses, physiotherapists and others from Australia, New Zealand and Great Britain. This Unit, which was started in 1959, now

cares for nearly 300 persons in need, including 130 leprosy patients, 80 severely mentally retarded children, and 64 destitute children. There is also a 40-bed hospital.

*Administrator:* Miss Joan Usher, S.R.N.

## Gabriel Rehabilitation Centre

(Punarvazhvo Illam), Mandappakkam Village, St. Thomas Mount, Madras-16.

A residential Training Centre for the disabled, including leprosy sufferers.

*Chairman:* Mr. S. Aruldoss.

*Superintendent:* Mr. A. F. Morris.

## 1 Sue Ryder Foundation

Registered in the U.K. as a Charity

*Sue Ryder Homes, Cavendish, Suffolk.*  
Tel: Glemsford 252.

*Founder:* Sue Ryder, O.B.E.

*Hon. Advisers:* Sir Eric Berthoud, K.C.M.G., M.A./Mr. K. Johnstone, C.M.G./Sir George Clutton, K.C.M.G./Mr. J. Priest, J.P.

*Hon. Medical Advisers:* Dr. Grace Griffiths, M.B.

Dr. W. T. Tillman, M.D., M.R.C.P.  
Dr. M. Ryder, M.B.

*General Treasurer:* Mr. B. Morris, F.Comm.A.

*Secretaries:* Miss C. Brooks/ Miss S. Jollands/ Miss S. Curran/  
Miss H. Phayre.

Completely undenominational, and relying on voluntary contributions, the Foundation was started by Sue Ryder to bring relief to survivors who, as a result of Nazi persecution, particularly in the concentration camps, are now sick, homeless or in some kind of need. It seeks above all to render personal service and affection to the survivors as a small token of remembrance, not only to the living, but to the millions who died. Thus, the work is a living memorial. The Foundation is not restricted to helping only survivors, but is devoted to the relief of suffering on a wide scale.

## Sue Ryder Homes for Concentration Camp Victims

Cavendish, a permanent Home for 30 survivors.

**Hickleton Hall**, near Doncaster, Yorks. (Goldthorpe 2070)

*Chairman:* Mr. G. Bostock.

*Housemother:* Miss Mollie Trim.

## St. Christopher Settlement

Grossburgwedal, Hanover.

*Chairman:* Frau Dr. Flügge.

Eight homes and several flats, built mostly by international teams of volunteers, for those whose health is broken, and for others released from prison and in need of rehabilitation and help.

## St. Christopher Kreis

Berlinerstrasse, Frankfurt a.M.

*Chairman:* H.R.H. Princess Margaret of Hesse and the Rhein.

Since 1945, Sue Ryder has been personally responsible for the visiting, after-care, and rehabilitation of the homeless boys of eight nationalities in German prisons.

## Homes for the Sick and Disabled in Poland

In co-operation with Director J. Sieklucki, Office for Co-operation with Foreign

Countries, Ministry of Health and Social Welfare, ul. Miodowa 15, Warsaw.

Prefabricated Homes, each containing between 30-58 beds, and costing £9,300 to erect and equip, are sent from England to relieve the distress of the survivors, their children, and the chronic sick of all ages. Twenty-two Homes have been established at Browina, Bydgoszcz, Gora Kalwaria, Gdynia, Helenow, Konstancin, Krolewska Gora, Lodz, Naleczow, Pruszkow, Radom, Radzymin, Zielona Gora and Zyrardow.

## Homes for the Sick and Disabled in Yugoslavia

In conjunction with Mrs. F. Defranceski, Secretariat of Health and Social Welfare.

Sixteen Homes have been established at Belgrade, Bitola, Gospic, Kragujevac, Mostar, Pristina, Risan, Slavonska Pozega, Travnik.

## Homes for the Sick and Disabled in Greece

*Chairman:* Air Vice-Marshal N. Overoff. One Home has been established near Athens.

## Homes for the Sick and Disabled in Israel

*Chairman:* Dr. Kurtz.  
Sue Ryder Home to be established.

## 2 The Cheshire Foundation Homes for the Sick

Registered in accordance with the Charities Act 1960

### United Kingdom

7 Market Mews, London, W1Y 8HP  
Telegrams, Cheshome, London, W1  
Tel: 01-499 2665

*Patrons:* Dr. G. C. Cheshire, F.B.A.,  
D.C.L.  
The Rt. Hon. The Lord Denning, P.C.

*Chairman:* The Rt. Hon. Lord Justice  
Edmund Davies.

*Trustees:* Dr. Margaret Agerholm, M.A.,  
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*Secretary:* Miss C. T. Short.

*Assistant Secretary:* Mrs. V. Beales

*Hon. Medical Adviser:* Dr. Basil  
Kiernander, M.R.C.P.

*Hon. Treasurer:*  
R. G. Emmett, Esq.

## U.K. Cheshire Homes Directory

	Tel. Nos.	
	Office	Residents
Alne Hall, Alne, York, OEG 73	Tollerton	295 —
Amphill Park House, Amphill, Bedfordshire.	Amphill	3247 — 3173
Athol House, 138 College Road, London, S.E.19		01-670 3740 — 6770
Beechwood, Bryan Road, Edgerton, Huddersfield, Yorkshire	Huddersfield	29626 — 22813
Cann House, Tamerton Foliot, Plymouth, Devon	Plymouth	71742 — 72645
Carnsalloch House, Kirkmahoe, Dumfries	Dumfries	4924 —
Champion House, Clara Drive, Calverley, Bradford, Yorkshire		
Chiltern Cheshire Home, North Park, Gerrards Cross, Bucks.	Gerrards Cross	86170 — 84572
Coomb, Llanstephan, Carmarthenshire	Llanstephan	292 — 310
Cotswold Cheshire Home, Overton Road, Cheltenham, Gloucestershire GL50 1PF	Cheltenham	52569 —
Danybryn, Radyr, Glamorgan, CF4 8XA	Radyr	237 — 335
Dolywern, Pontfadog, Llangollen, Denbighshire	Glynceiriog	303 —
Eithinog, Old Highway, Colwyn Bay, Denbighshire	Colwyn Bay	2404 —
Greathouse, Kington Langley, Chippenham, Wiltshire	Kington Langley	235 — 327
Greenacres, 39 Vesey Road, Sutton Coldfield, Warwickshire	Sutton	7753 — 7960
*Green Gables, Wingfield Road, Alfreton, Derbys.		
Greenhill House, Timsbury, Bath, Somerset	Timsbury	533 —
The Grove, East Carleton, Norwich, Norfolk, NOR 94W	Mulbarton	279 —
Heatherley, Effingham Lane, Copthorne, Crawley, Sussex	Copthorne	2232/3 — 2735
Hertfordshire Cheshire Home, St. John's Road, Hitchin	Hitchin	52460 — 52458
The Hill, Sandbach, Cheshire	Sandbach	2341/2 — 2508
Holme Lodge, Julian Road, West Bridgford, Nottingham, NG2 5AQ	Nottingham	89002 —
Honresfeld, Blackstone Edge Road, Littleborough, Lancashire	Littleborough	78627 — 78065
Hovenden House, Fleet, Spalding, Lincolnshire	Holbeach	3037 —
Kenmore, 100 Whitcliffe Road, Cleckheaton, Yorkshire	Cleckheaton	2904 — 2724
Lake District Cheshire Home, Holehird, Windermere, Westmorland	Windermere	2500 — 387
Le Court, Liss, Hampshire	Blackmoor	364 — 229
Llanhennock Cheshire Home, Llanhennock, Caerleon, Monmouth, NP6 1LT	Caerleon	545 — 676
Marske Hall, Tees-side Cheshire Home, Marske-by-the-Sea, Redcar, Yorkshire	Redcar	2672 —

		Tel. Nos.	
		Office	Residents
Matfen Hall, Northumberland Cheshire Home, Matfen, Northumberland	Stamfordham	212	— 383
Mayfield House, 107 East Trinity Road, Edinburgh, EH5 3PT	Granton	2037	— 4157
Mickley Hall, Mickley Lane, Totley, Sheffield, Yorkshire, S17 4HE	Sheffield	367936	—
Mote House, Mote Park, Maidstone, Kent	Maidstone	37911	— 38417
North Lancashire Leonard Cheshire Home, Oaklands, Dimples Lane, Garstang, Lancs.	Garstang	2290	—
Oxfordshire Cheshire Home, Greenhill House, Twyford, Banbury, Oxon.	Adderbury	679	— 667
St. Anthony's, West Midland Cheshire Home, Stourbridge Road, Wolverhampton, Staffs.	Wombourn	3056	— 2060
St. Bridget's, The Street, East Preston, Littlehampton, Sussex	Rustington	3988	— 70755
St. Cecilia's, Sundridge Avenue, Bromley, Kent, BR1 2P2		01-460 8377	— 7179
St. Michaels, Axbridge, Somerset	Axbridge	358	—
St. Teresa's, Long Rock, Penzance, Cornwall	Marazion	336	— 365
Seven Rivers, Great Bromley, Colchester, Essex	Ardleigh	345	— 463
Seven Springs, Pembury Road, Tunbridge Wells, Kent	Tunbridge Wells	31138	—
South-West Lancashire Cheshire Home, Springwood House, Springwood Ave., Liverpool 25	Garston	7345	— 5400
Spofforth Hall, Harrogate, Yorkshire	Spofforth	284	— 287
Staunton Harold, Ashby-de-la-Zouch, Leicestershire, LE6 5RT	Melbourne (Derby)	2571	— 2387
Stonecroft House, Barnetby, Lincolnshire	Kirmington	244	—
*Torbay & East Devon Cheshire Home, 33 Gillard Road, Brixham, Devon			
West Surrey Cheshire Home, Clock Barn Lane, Hydon Heath, Godalming, Surrey	Hascombe	383	—
White Windows, Sowerby Bridge, Yorkshire	Halifax	31981	— 32173
<i>Mental Rehabilitation Hostels</i>			
Miraflores, 154 Worples Road, Wimbledon, S.W.20		01-946 5058	—
Gaywood, 30 The Down, Wimbledon, S.W.20		01-946 9493	—
Nicholas House, 3 Old Nichol Street, Bethnal Green, London, E.2		01-739 5165	— 9298
<i>Homes for Mentally Handicapped Children</i>			
Hawthorn Lodge, Hawthorn Road, Dorchester, Dorset	Dorchester	1403	—
The Green, Christleton, near Chester	Chester	35503	—

## Overseas Homes

Secretary : Mrs. B. Bell, 5 Market Mews, London, W1Y 8HP Tel : 01-499 2267

CANADA Saskatoon Steering Committee: Dr. John Owen.

CEYLON Chairman: Sir Richard Aluwihare, K.C.M.G., C.B.E.

Cheshire Home, Mt. Lavinia.

Cheshire Home, Wester Seaton Farm, Negombo.

CHILE Chairman: Mr. Revel Dick

Fundacion Hogares Cheshire De La Esperanza, Casilla 3337, Santiago.

EIRE Chairman: The Hon. Conor A. Maguire.

Ardeen, Shillelagh, Co. Wicklow. Tel: Shillelagh 8

Barrett Cheshire Home, 21 Herbert Street, Dublin. Tel: Dublin 62883

Rathfredagh House, Newcastle West, Co. Limerick.

St. Laurence Cheshire Home, Nr. Dunkettle, Cork.

St. Patrick's Cheshire Home, Tullow, Co. Carlow.

ETHIOPIA Chairman: Ato Desta Girma.

Cheshire Home, P.O.B. 3427, Addis Ababa.

HOLY LAND Chairman: Mr. Judeh S. Araj.

Cheshire Home, Babiskak Street, P.O. Box 100, Bethlehem. Administrator: Mrs. R. Wikner

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## Overseas Homes (continued)

**HONG KONG** Chairman: Mr. K. S. Lo.

Cheshire Home, Chung Hom Kok, Nr. Stanley.

**INDIA** Chairman: Major-General Virendra Singh. Managing Trustee: J. A. K. Martyn, O.B.E.

Office: Cheshire Homes India, 18 Nemi Road, Dehra Dun, U.P.

The Cheshire Homes in India are as follows :

Cheshire Home, Rustam Bagh Estate, H.A.L. Main Road, Domlur, **Bangalore**, 17.

Cheshire Home, opp. Buddhev Colony, Kareli Baug, **Baroda**.

Bethlehem House, Cheshire Home, Andheri, **Bombay**, 69.

Cheshire Home, **Burnpur**. (Lt.-Col. Kak, 3 The Ridge, Burnpur.)

Shanti Rani House, 13 Upper Strand Road, Serampore, **Calcutta**, W. Bengal.

Cheshire Home, **Coimbatore**. (Major R. S. Roa, Shri Rama Krishna Nursing Home, R. S. Puram, Coimbatore).

Govind Bhawan, 16 Pritam Road, **Dehra Dun**, U.P.

Banarsidas Chandiwala Swasthya Sadan, Kalkaji, **New Delhi**.

Rustomji P. Patel Cheshire Home, Sundernager, **Jamshedpur**, nr. Tatanager, Bihar.

Vishranthi Illam, **Katpadi** Township (North Arcot), Madras State.

Anbu Nilayam, **Covelong**, Chingleput Dt., Madras.

Cheshire Home, 10 Vallabhai Road, **Madurai**, 2.

Cheshire Home, **Kankanady**, **Mangalore**, 1.

\*Cheshire Home, Meathmarg, **Ranchi** (Lt.-Col. Kak, 3 The Ridge, Burnpur.)

Cheshire Home, Bishop's Compound, **Poona**, 1.

**KENYA** Chairman: Air-Marshal Sir Francis Fressanges, K.B.E., C.B.

Likoni Cheshire Home, P.O. Box 6038, **Mombasa**.

Amani-Cheshire Home, P.O. Box 8552, Lenana Road, Kilimani, **Nairobi**.

**MALAYSIA** and **SINGAPORE** Chairman: The Hon. Mr. Justice Tan Ah Tah.

Registered Office. 10B Chulia Street, Singapore 1.

Johore Cheshire Home, Jalan Larkin, **Johore Bahru**.

Sarawak Cheshire Home, P.O. Box 1267, Ridgeway Road, **Kuching**, Sarawak.

Rumah 'Amal Cheshire, 7½ Mile Ipoh Road, Batu Caves, Kuala Lumpur, **Selangor**.

Cheshire Home, 90 Nicholl Drive, Telok Paku, **Singapore**, 17.

**MAURITIUS** Chairman: Mr. L. Epsitalier Noel.

**Tamarin**, Cheshire Home, Floreal.

**MOROCCO** Patron: H. E. The Princess Lalla Fatima Chairman: Mme. J. M. Cherifa d'Ouezzane.

Foyer Koutoubia, Parvis de la Koutoubia, **Marrakesh**.

Dar el Hanaa, 3 Place des Aloes, Marshan, **Tangier**.

**NIGERIA** Chairman: Federal Chief Justice Sir Adetokunbo Ademola.

Cheshire Home, **Enugu**.

Oluyole Cheshire Home, P.O. Box 1425, **Ibadan**.

Mushin Cheshire Home, P.O. 374, 91 Agege Motor Road, Mushin, **Lagos**.

Obiomo Cheshire Home, 6 Onwenu Street, **Port Harcourt**. (Destroyed in bombing)

**PAPUA & NEW GUINEA** Chairman: P. Chatterton, Esq.

Cheshire Home, P.O. Box 1306, Boroko, via **Port Moresby**.

### PHILIPPINE ISLANDS

The Philippine Cheshire Home, Inc., 84 Congressional Road, Project 8, **Quezon City**.

**PORTUGAL** Chairman: Sr. Joao Guades de Sousa.

Lares Cheshire em Portugal, Patio de Lencastre No. 4, Lisbon, 2.

**SIERRA LEONE** Chairman: The Hon. Banja Tejan Sie.

Sir Milton Cheshire Home, P.O. Box 128. **Bo**.

Cheshire Home, P.O. Box 916, Freetown.

C

### SOUTH AFRICA

**Queensburgh Cheshire Home**, 890 Main Road, Moseley, Natal.

Fairhaven Cheshire Home, 1 Baden Powell Drive, **Muizenberg**, Cape Province, South Africa.

\*Cheshire Home, P.O. Box 3088, **Port Elizabeth**, Eastern Province.

**SPAIN** Chairman: Dr. M. Supervia Ramiz.

Hogar de la Amistad, Las Planas, **Barcelona**, Spain.

**THAILAND** Chairman: Mrs. Alma Link.

Cheshire Home, c/o 25 Chitlom Lane, **Bangkok**.

### UGANDA

Cheshire Home for Paraplegics and Infirm, Naguru, **Kampala**.

L

**Busoga Cheshire Home**, Busoga Province (Dr. B. A. Wallace, P.O. Box 558, Jinja)

\*Cheshire Home, **Tororo**. (Alan Walker, Esq., P.O. Box 223, Tororo.)

C

### WEST INDIES

\*Cheshire Home, **Jamaica**. (Felix Fox, O.B.E., P.O. Box 271, Kingston.)

Cheshire Home, St. Andrews Gardens, San Fernando, **Trinidad and Tobago**.

\* *Homes in preparation.*

C For crippled children. CM For mental-retarded children. L For burnt-out leprosy cases suffering from consequent disabilities. Overseas Homes are generally known by the names shown in **bold letters**.

## 3 Missionaries of Charity

Mother Teresa was born in Albania in 1910. In 1928 she came to Calcutta to join the Loretto teaching order. Here she remained for 20 years until the call came to devote her life to the poor and destitute. So with the permission of the

Church she founded a new congregation, the Missionaries of Charity, dedicated to the service of the poorest and most abandoned. Today her Order, which numbers 470 Sisters and 90 Brothers, runs 24 Homes in India, mostly for the

dying, many schools, and has now spread to Ceylon, Tanzania, Italy, Australia and Venezuela. Enquiries to Mother Teresa Committee (U.K.), c/o 2 Silvermere, Byfleet Road, Cobham, Surrey.

## Small Advertisements

*Has anyone in the Homes something to sell? Or have you any needs you wish to make known? Why not use this section?*

**Note to Advertisers.** All enquiries, and matters regarding advertising in *Cheshire Smile* to be sent to: The Secretary, *Cheshire Smile*, Le Court, Liss, Hampshire.

### An Ideal Gift

Do you know you can make a gift of a year's subscription to the **CHESHIRE SMILE** to your friends or relations?

An attractive greetings card will be sent to anyone you like to name with the next issue of the magazine. It will convey your good wishes and explain that a year's sub. comes from you as a gift. Post us a remittance for 7s. 6d. (£1 1s. 0d. for a three-year sub.), and we will do the rest.

Hand made goods of various kinds are available, or can be ordered, at most of the Homes. Why not visit your nearest Home, and see if there is anything you would like?

The Cheshire Homes need volunteers for organising fund-raising events, for undertaking transport runs, for working in the Homes in their spare time—anyone who feels drawn to this kind of work.

### Do you collect Green Shield Stamps?

If not, the following Homes could make good use of them—Heatherley, Le Court, Athol House and Llanhennock.

**Spare parts** for electric indoor wheelchairs wanted by London Cheshire Home (Athol House), and Le Court.

### Subscription Form

Mr./Mrs./Miss

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*Strike out what is not applicable*

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All cheques, P.O.s, etc., to be made payable to 'Cheshire Smile' 16/2

It may be easier for many people to take out a three-year subscription for 21s. (post free). Others may find it more convenient to make out a Banker's Order for the remittance to be sent regularly to our bank every year without any bother to themselves.

### Matrons' Conference

At the Cheshire Foundation Matrons' Conference last September. A group outside Stonecroft House. Owing to a technical hitch we were unable to publish this photograph with the account of the Conference in the March magazine.

Photo: Lincolnshire Times

